

# Inspirations Dance & Gymnastics



## ATHENS 2021-2022

www.inspirationsdancestudio.com

1-877-638-3942

Time	Monday Dance	Monday Gym	Tuesday Dance	Tuesday Gym	Wed. Dance	Wed. Gym	Thursday Dance	Thursday Gym
4:00	<b>4:30-5:30</b> Hip Hop (ages 13 and up)				<b>4:30-5:00</b> Stretch & flexibility			<b>4:30-5:15</b> Aerial Silks
5:00	<b>5:30-6:15</b> Ballet I (ages 5 & up)	<b>5:30-6:30</b> Intermediate Tumble <small>*must have front back walkover</small>	<b>5:00-5:45</b> Contemporary I (ages 5-7)	<b>5:00-6:00</b> Beginning Tumbling (ages 7 & up)	<b>5:00-6:00</b> Contem. / Jazz II <small>*placement by IDS</small>		<b>5:15-6:15</b> Contemporary III (ages 13 & up)	
6:00	<b>6:30-7:30</b> Ballet II <small>*placement by IDS</small>	<b>6:30-7:30</b> Beginning tumbling	<b>5:45-6:30</b> Princess/ Prince Ballet & Tap (ages 2-4)	<b>6:00-6:45</b> Flipstars Tumbling (ages 5-7)		<b>6:00-6:45</b> Xcel Tumble (ages 7-12) <small>*must have back handspring</small>	<b>6:15-7:00</b> Tik Tok Hip Hop (ages 9-12)	<b>6:15-7:00</b> Tiny Tots Tumble (ages 2-4)
6:30				<b>6:45-7:30</b> Tiny Tots Tumble 2				
7:00	<b>7:30-8:15</b> Poppin Hip Hop (ages 5-8)	<b>7:30-8:30</b> Advanced Tumble (ages 13 & up)		<b>7:30-8:30</b> Level II Tumble (ages 8 & up)		<b>7:00-8:00</b> TaeKwonDo Martial Arts	<b>7:00-8:30</b> Ballet & Pointe	
8:00								

\*\*Class placement is the discretion of the instructor and IDS  
10% Sibling Discount\*\*  
Classes are subject to change if minimum number of students is not met per class

**\*\*ONLY ONE DISCOUNT PER FAMILY CAN BE USED! CAN NOT COMBINE DISCOUNTS**