

Inspirations Dance & Gymnastics

ATHENS



www.inspirationsdancestudio.com

2025-2026

1-877-638-3942

Time	Monday Dance	Monday Gym	Tuesday Dance	Tuesday Gym	Wednesday Gym	Thursday Dance	Thursday Gym
4:00							
5:00	5:00-5:45 CONT/JAZZ FUSION II <small>*Previous experience placed by instructor</small>	5:00-5:45 BEGINNING TUMBLING <small>(ages 5-8)</small>	5:00-5:45 STREET STYLES HIP HOP <small>*Previous hip hop placed by instructor</small>	5:00-5:45 FLIPZ Tumbling <small>(ages 5 & up)</small> <small>*Must have bridge, cartwheel handstand</small>	5:00-5:45 ACRO/ Tumbling <small>(ages 8 & up)</small>	5:00-5:45 BALLET/TAP I <small>(ages 5 & UP)</small>	5:00-5:45 TINY TOTS TUMBLING <small>(ages 2-4)</small> 5:00-6:00 INTERMEDIATE AERIAL ARTS <small>*Previous experience placed by instructor</small>
6:00	5:45-6:30 Contemporary JAZZ I <small>(ages 5 & UP)</small>	6:00-6:45 TINY TOTS TUMBLING <small>(ages 2-4)</small>	6:00-6:45 Toddlers & Tutus <small>(ages 2-4)</small>	6:00-7:00 ADVANCED TUMBLING <small>*Previous experience placed by instructor MUST HAVE BACK HANDSPRING</small>	5:45-6:30 BEGINNING TUMBLING <small>(ages 5-8)</small>	5:45-6:30 Hip Hop I <small>(ages 5 & up)</small>	5:45-6:45 INTERMEDIATE TUMBLING <small>*Previous experience placed by instructor MUST HAVE BACK WALKOVER</small> 6:00-6:45 BEGINNING AERIAL ARTS <small>(ages 8 & up)</small>
6:30		6:00-7:00 ADVANCED AERIAL ARTS <small>*previous experience</small>	6:45-7:30 Ballet II <small>*Previous experience placed by instructor</small>			6:45-7:15 Flexology <small>(all ages)</small>	6:45-7:30 BEGINNING TUMBLING <small>(ages 9 & up)</small>
7:00	7:00-8:00 BALLET TECHNE <small>*PREVIOUS EXPERIENCE BALLET TECHNIQUE & ADVANCED MOVES</small>	7:00-8:00 Level II Tumble <small>(ages 9 & up)</small> <small>*must have bridge kickover</small>		7:00-7:45 ACRONASTICS <small>(ages 8 & up)</small> <small>*must have cartwheel & handstand</small>		7:15-8:15 EVOLVE CONTEMPORARY JAZZ	7:30-8:15 AIR TRAX TUMBLING <small>(ages 8 & up)</small>
8:00	8:00-8:30 POINTE		7:45-8:45 VYBES Hip HOP <small>(ages 12 & UP)</small>				

- * 1 Class a week \$55 a month
- * Each additional class \$40 per month
- * Aerial Silks & LYRA \$70 a month
- * Unlimited class card \$170 a month per student

**Class placement is the discretion of the instructor and IDS

10%SiblingDiscount***Classes are subject to change if minimum number of students is not met per class

****ONLY ONE DISCOUNT PER FAMILY CAN BE USED! CAN NOT COMBINE DISCOUNTS**